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July 19, 2024

[Salmonella, typhus and harmful bacterial remedies](#)

Filed under: [Nutrition and Health](#) — admin @ 9:44 am

Salmonella, typhus and harmful bacterial remedies :

oregano, cinnamon, cloves, basil, garlic, thyme, sacred lotus, serpolet, pepper mint, eucalyptus, goldenseal, ginger, apple cider vinegar, wasabi, horseradish

If you have ecchymotic haemorrhages due to salmonella, increase triglycerides, reinforce arteries with :

pine nuts, peanuts, sunflower, walnuts, flaxseed, pumpkin seeds, arnica, hyssop, cayenne, vitamin b12, C or K to increase blood clotting, goji.

Also take severe hygiene measures : clean, separate food, cook at least 165 degrees, store food properly in tupperwares

Do not drink water from the tap, buy bottles of water.

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